

SAILING INSTRUCTIONS

BORA Sailing Championship 2024 – Sofia Autumn

October, 12th - 13th, 2024

1. Rules

- 1.1 The event will be governed by the rules defined in *Racing Rules of Sailing (RRS)*.
- 1.2 World Sailing Appendix UF - Umpired Fleet Racing, provided with these Sailing Instructions, will apply (**Attachment D**).
- 1.3 In all rules governing this regatta:
 - 1.3.1 [NP] denotes a rule that shall not be grounds for protests by a boat. This changes RRS 60.1(a).
 - 1.3.2 [SP] denotes a rule by which the Race Committee may apply a standard penalty without a hearing or a discretionary penalty applied by the Jury with a hearing. This changes RRS 63.1 and A5.
 - 1.3.3 [DP] denotes a rule that when breached, the penalty may, at the discretion of the Umpires / Protest Committee / OA, be less than disqualification.
- 1.4 Class rules will not apply.
- 1.5 The rules for handling the boats (**Attachment C**) will apply to any practice sailing.
- 1.6 The language of the regatta will be English. The English text will take precedence if there is a conflict between languages.

2. [DP][NP] Advertising, Identification, Cameras and Electronic Equipment

- 2.1 Boats shall display the event sponsor's advertising as applied by the OA.
- 2.2 The organizing authority may require boats to carry cameras, sound equipment, or tracking equipment.
- 2.3 Other cameras, sound equipment or tracking equipment will not be allowed.

3. [DP][NP] Code of conduct

- 3.1 Competitors and support persons shall comply with any requests from the regatta officials.
- 3.2 Competitors shall handle any boats or equipment the organising authority provides with proper care and seamanship and in compliance with all written instructions.
- 3.3 Boats not racing shall avoid the area where boats are racing and any official/support boats.
- 3.4 The OA may reduce or remove a prize in the case of misconduct or refusal to comply with any reasonable request, including attendance at official ceremonies.
- 3.5 The skipper's presence is recommended at the Skipper's Meeting and at any media events (to be announced at least 2 hours in advance).

4. [NP] Notices to Competitors

Notices to competitors will be posted on the electronic notice board via Viber and the Official Notice Board (ONB) at the Sofia Sail Academy yacht club base.

5. Changes to the Sailing Instructions

5.1 Any change to the sailing instructions will be posted before 09:30 hrs on the day it will take effect, except that any change to the schedule of the first races of a day will be posted by 20:00 hrs on the day before it takes effect.

6. Signals Made Ashore

6.1 Signals made ashore will be displayed on the flag pole located near the Yacht club.

6.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 15 minutes' in race signal AP.

7. Regatta format

7.1 The regatta format is Small Fleet Umpired Racing.

7.2 The regatta consists of a single series of *flights* - two races each, with all teams racing once per flight.

7.3. No more than 8 flights (16 races) will be conducted per day.

7.4 Each race will be sailed using 4 or 5 identical Laser SB20 boats provided by the OA.

7.5 Teams will rotate/regroup as the event progresses, ensuring all teams sail against other teams as often as practical.

7.6 The Race Committee may change the format, terminate or eliminate any flight or race when conditions or the remaining time scheduled do not permit the completion of the intended format.

7.7 [NP] Teams will be allocated to a boat in a race by the Race Committee. The Pairing List will be published before the first warning signal of the first day of racing.

8. Schedule

8.1 Daily schedule:

Friday, 13th	Saturday, 14th	Sunday, 15th
13:00-18:00 Practice Sailing, Registration	8:00-9:30 Late Registration	9:30 Skippers Meeting
	10:30 Skippers Meeting	10:00 First possible warning signal for the day
	11:00 The first possible warning signal	16:00 The last possible warning signal
	19:00 Cocktail party	17:00 Prize-giving ceremony

8.2 On the last scheduled day of racing, no warning signal will be made after 16:00.

9. Class Flags and Signals Afloat

9.1 Class flags will be a white flag with a blue Bora Sailing logo.

9.2 If flag "R" is displayed before or with the warning signal, the use of the gennaker is prohibited. After the starting signal, the Race Committee may prohibit the use of the gennaker at a course mark by displaying the flag "R" with repeated sound signals.

10. Change and Repair Zone

The change and repair zone will be between the racing area and the Yacht club pontoon.

11. Racing Areas

Attachment A shows the approximate location of the racing area.

12. The Course

The diagram in **Attachment B** shows the course, the order in which marks are to be passed, and the side on which each mark is to be left.

13. Marks

13.1 All marks are inflatable round buoys.

13.2 The exact colours of the marks will be announced at the skippers meeting.

14. The Start

14.1 The starting line will be between an **Orange flag** displayed on the race committee boat's starboard end and a **yellow buoy** on the port end.

14.2 To alert the boats that a race will begin soon, the orange starting line flag will be displayed with one sound for at least one minute before a warning signal is displayed.

14.3 RRS 26 is amended as follows:

<i>Minutes before starting signal</i>	<i>Visual signal</i>	<i>Sound signal</i>	<i>Means</i>
3	Class flag;	One	Warning signal
2	P or black flag;	One	Preparatory signal
1	The preparatory flag removed;	One long	One minute
0	Class flag removed	One	Starting signal

14.6 A boat starting later than two minutes after her starting signal will be scored a DNS. This changes RRS A4 and A5.

15. Change of the Position of the Next Mark.

15.1 No changes to the course will be made while racing.

15.2 The course will not be shortened.

15.3 In case of a missing mark at a gate, the remaining mark should be rounded, leaving the mark to port. This changes RRS 28.1 and RRS 34.

16. The Finish

The finishing line will be between the **Blue flag** on the race committee boat at the port end and a **yellow buoy** at the starboard end.

17. Time Limits

17.1 Time limits are as follows:

Time Limit	Finish window	Race Target time
20 min.	10 min.	15 min.

17.2 Boats failing to finish within the time stated in the Finish Window after the first boat sails the course and finishes will be scored Did Not Finish. This changes RRS 35, A4 and A5.

17.3 Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a).

18. Penalty System, protests and requests for redress

18.1 World Sailing Appendix UF in **Attachment D applies**.

18.2. There shall be no appeal for hearing on the decisions of the Umpires / Protest Committee.

18.3 After the boats have finished, the RC will promptly display flag B with one sound. Flag B will be displayed for at least two minutes and removed with one sound.

19. Scoring

19.1 The Low Point System of RRS Appendix A will apply with double points for the regatta's last flight (two races).

19.2 If there are unfinished flights, the teams with fewer races sailed will be assigned points equal to the average of the scores from all their previous races.

19.3 There will be no discards - a boat's series score will be the total of her race scores.

19.4 [SP] If a team does not comply with NoR 6.1 or if a team does not arrive in time at the Change Zone as indicated in SI 10, this team will be scored a DNC in this race without a hearing.

19.5. If a team is unable to participate in a race due to the non-release of its designated boat by the previous team or by Boat Management, it will receive the average points, rounded to the first decimal place, of its results in the series so far.

20. [DP][NP] Substitution of Crew or Equipment

20.1 Substitution of competitors will only be allowed with prior approval of the Race Committee and shall comply with any restrictions in the Notice of Race.

20.2 The OA will make all substitutions of damaged or lost equipment. Changes from the teams to the standing rigging are prohibited.

20.3 If a crew, after changing and before the warning signal, finds a technical problem which was not indicated by the preceding crew, it shall immediately and before the warning signal report this problem to the Race Committee or the Boat Management, as specified in **Appendix C / 3.3**.

21. [DP] Crew Change

21.1 Each team must be ready to change at the onshore Change Zone at the start of the previous race.

21.2 After finishing, the changeover takes place with the jib hoisted and the mainsail standing.

21.3 Boats shall proceed to the on-water Change Zone area immediately after their finish.

22. Official Boats

Official boats will be marked as follows:

Official Boat	Flag
Race Committee	Flag " RC"
Umpire	Flag "JURY"
Safety & Technical Boat	Flag "S"

23. Support Boats

Support Boats will not be allowed.

24. [DP][NP] Trash disposal

24.1 Each team shall ensure no trash is left on the boat after the race before the change.

24.2 In addition to RRS 47 trash may be placed aboard support and race committee boats.

25. [DP][NP] Berthing

The OA provides berthing for the boats.

26. [DP][NP] Radio Communication

A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats, except in an emergency or when using equipment provided by the race committee. This restriction also applies to mobile telephones.

27. Prizes

Prizes will be awarded as stated in the Notice of Race.

28. Disclaimer of Liability and Risk Statement

28.1 Competitors and support teams participate in the regatta entirely at their own risk and they are reminded of the provisions of RRS 3, Decision to Race. Sailing is by its nature an unpredictable sport and therefore involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

1. They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
2. They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
3. They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
4. By participating in any race, they are satisfied that their boat is in good order, equipped to sail in the event and they are fit to participate;
5. The provision of a race management team, patrol boats, umpires and other officials and volunteers by the organizer does not relieve them of their own responsibilities;
6. The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances.

28.2 The Organizing Authority and all parties involved in the regatta organization will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

29. Rights to use name and likeness

By participating in this regatta competitors automatically grant to the Organizing Authority and their sponsors the right in perpetuity to make, use and show, from time to time at their discretion any motion pictures, still pictures and live, taped or filmed television and other reproductions of the athlete during the regatta, and of all of his or her material related to the regatta, without compensation.

30. Insurance

insurance is not mandatory. The OA recommends:

Medical health insurance for all participants provided from 24ins.bg, official sponsor of the Championship:

<https://24ins.bg/bg/sport-insurance/>

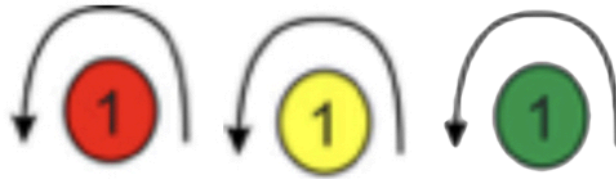
Sport sailing insurance provided by VDWS:

<https://cp.vdws.de/safetytool/order/IS>

Attachment A – Race Areas



GPS Location: 42,44066° N, 23,62481° E



Attachment B – Course

Start – 1 – 2a/2b – 1 – Finish

Mark 1 (yellow) will be located upwind, seen from the starting line. Alternative marks for Mark 1, will be located left (green) and right (red).

The colour of the alternative mark (green or red) which shall be rounded will be displayed with a coloured flag at the starting vessel, before the following leg.

Mark 1 shall be left to port. Marks 2a and 2b are gate marks.

[DP] Attachment C – Handling the Boats

1. GENERAL

- 1.1 While all reasonable care is taken to equalize the boats, variations will not be grounds for redress. This changes RRS 62.
- 1.2 Competitors shall report to the Race Office, at the first reasonable opportunity of any equipment damage, loss or malfunction after racing.

2. PROHIBITED ITEMS AND ACTION

Except in an emergency or in order to prevent damage or injury, or when directed by an umpire otherwise, the following is prohibited:

- a. Any additions, omissions or alterations to the equipment supplied.
- b. The use of any equipment for a purpose other than that intended or specifically permitted.
- c. The replacement of any equipment without the permission of the race committee.
- d. Sailing the boat in a manner that it is reasonable to predict that significant further damage or injury would result.
- e. Moving equipment from its normal storage position except when being used.
- f. Boarding a boat without prior permission.
- g. Marking directly on the hull or deck with permanent ink.
- h. Marking sails, perforating sails or adding additional wind threads to sails.
- i. Tying in or holding together the set jib
- j. Littering of the hull including the cockpit.

3. HANDOVER OF THE BOATS

- 3.1 The handover of a boat to the next team may only take place in the presence of the Boat Management or on the water as previously agreed.
- 3.2 Before handing over a boat to the next team, the crew must restore it to its original condition.
- 3.3 Defects or damages detected by the teams shall be reported immediately to Boat Management.

4. OTHER RULES

- 4.1 Team positioning — when tacking or jibing, the crew shall not hold on to the standing and running rigging to support the manoeuvring.
- 4.2 Bowsprit — the bowsprit shall be fully reefed except when the gennaker is set, set or recovered and shall be recovered at the first reasonably practicable opportunity after the gennaker has been recovered. In no case shall the bowsprit be set before passing mark 1 with the bow.
- 4.3 The bowsprit shall only be operated with the lines provided.
- 4.4 Shrouds and forestay — shrouds and forestay may not be adjusted during the entire time on the water. The backstay may be adjusted during the race.

Attachment D - Umpired Fleet Racing

Umpired fleet races shall be sailed under The Racing Rules of Sailing as changed by this appendix. Races shall be umpired. The rule changes in UF1 have been approved by World Sailing under Regulation 28.1.5(b) on the condition that only the provided options are used. This appendix applies only when it is referred to in the Notice of Race and made available for all competitors.

UF1 CHANGES TO THE DEFINITIONS, THE RULES OF PART 1 AND 2, AND RULE 70

UF1.1

UF1.2 Add new rule 7 to Part 1:

7 LAST POINT OF CERTAINTY

The umpires will assume that the state of a boat, or her relationship to another boat, has not changed until they are certain that it has changed.

UF1.3

UF1.4

UF1.5 Rule 70 is deleted.

UF1.6

UF2. CHANGES TO OTHER RULES

UF2.1. Rule 28.2 is changed to:

28 SAILING THE COURSE 28.2

A boat may correct any errors in sailing the course, provided she has not rounded the next mark or crossed the finishing line to finish.

UF2.2. Rule 31 is changed to:

31 TOUCHING A MARK

While racing, neither the crew nor any part of a boat's hull shall touch a starting mark before starting, a mark that begins, bounds or ends the leg of the course on which she is sailing, or a finishing mark after finishing. In addition, while racing, a boat shall not touch an RC vessel that is also a mark.

UF2.3.

UF2.4.

UF3. ON WATER PROTESTS AND PENALTIES

UF3.1. In this appendix, "*a penalty*" will mean the following:

A One-Turn Penalty is taken in accordance with rule 44.2.

UF3.2. The first sentence of rule 44.1 is changed to: 'A boat may take a penalty when, in an incident, while racing, she may have broken one or more of the rules of Part 2 (except rule 14 when she has caused damage or injury), rule 31 or rule 42. However, when she may have broken a rule of Part 2 and Rule 31 in the same incident, she need not take the penalty for breaking Rule 31.'

UF3.3. On the Water Protests by Boats and Penalties

(a) While racing, a boat may protest another boat under a rule of Part 2 (except rule 14) or under rule 31 or rule 42; however, a boat may only protest under a rule of Part 2 for an incident in which she was involved. To do so she shall hail 'Protest' and conspicuously display a red flag at the first reasonable opportunity for each. She shall remove the flag before, or at the first reasonable opportunity after a boat involved in the incident has taken a penalty voluntarily or after an umpire's decision.

(b) A boat that protests as provided in rule UF3.3 (a) is not entitled to a hearing. Instead, a boat involved in the incident may acknowledge breaking a rule by voluntarily taking a

penalty. An umpire may penalize any boat that broke a rule and was not exonerated unless the boat took a penalty voluntarily.

UF3.4. Penalties and Protests Initiated by an Umpire

(a) When boat

- (1) breaks rule 31 and does not take a penalty,
- (2) breaks rule 42,
- (3) gains an advantage despite taking a penalty,
- (4) commits a breach of sportsmanship, or
- (5) fails to comply with rule UF3.6 or to take a penalty when required to do so by an umpire,
- (6) breaks a rule listed in paragraph 4. of Attachment C – Handling the Boats,
- (7) fails to comply with rule UF2.1 (rule 28.2) an umpire shall disqualify her under rule UF3.5(c).

An umpire may penalize her without a protest by another boat. The umpire may impose a penalty or more, each signalled in accordance with rule UF3.5 (b), or disqualify her under rule UF3.5(c), or report the incident to the PC for further action. If a boat is penalized under rule UF3.4 (a) (5) for not taking a penalty or taking a penalty incorrectly, the original penalty is cancelled.

- (b) An umpire who decides, based on his own observation or a report received from any source, that a boat may have broken a rule, other than rule UF3.6 or rule 28 or a rule listed in rule UF3.3 (a), may inform the PC for its action under rule 60.3. However, he will not inform the PC of an alleged breach of rule 14 unless there is damage or injury.

UF3.5. Umpire Signals

An umpire will signal a decision as follows:

- (a) A green and white flag with one long sound means “*no penalty*”.
- (b) A red flag with one long sound means “*a penalty is imposed or remains outstanding*”. The umpire will hail or signal to identify each such boat.
- (c) A black flag with one long sound means “*a boat is disqualified*”. The umpire will hail or signal to identify the boat disqualified.

UF3.6. Imposed Penalties

- (a) A boat penalized under rule UF3.5(b) shall take a penalty.
- (b) A boat disqualified under rule UF3.5(c) shall promptly leave the course area.

UF4. RACE COMMITTEE ACTIONS

UF4.1.

UF5. PROTESTS; REQUESTS FOR REDRESS OR REOPENING; APPEALS; OTHER PROCEEDINGS

UF5.1. No proceedings of any kind may be taken in relation to any action or non-action by an umpire.

UF5.2.

UF5.3. A boat intending to

- (a) protest another boat under a rule other than rule UF3.6 or rule 28, or a rule listed in rule UF3.3 (a)
- (b) protest another boat under rule 14 if there was a contact that caused damage or injury, or
- (c) request redress

Shall inform the RC in the following way: Hail to the RC before or during the display of flag B.

UF5.4. The time limit defined in rule UF5.3 also applies to protests under rule UF5.10. The PC shall extend the time limit if there is a good reason to do so.

UF5.5. The RC will promptly inform the PC about any protests or requests for redress made under rule UF5.3.

UF5.6. The third sentence of rule 61.1(a) and all of rule 61.1(a) (2) are deleted.

UF5.7. The first three sentences of rule 64.2 are changed to: 'When the PC decides that a boat that is a party to a protest hearing has broken a rule, it may impose penalties other than disqualification, and may make any other scoring arrangement it decides is equitable. If a boat has broken a rule when not racing, the PC shall decide whether to apply any penalty to the race sailed nearest in time to that of the incident or make some other arrangement.'

UF5.8. Hearings

Except for a hearing under rule 69.2

(a) Protests and requests for redress need not be in writing.

(b) The PC may inform the protestee and schedule the hearing in any way it considers appropriate and may communicate this orally.

(c) The PC may take evidence and conduct the hearing in any way it considers appropriate and may communicate its decision orally.

(d) If the PC decides that a breach of a rule has had no effect on the outcome of the race, it may impose a scoring penalty of points or fraction of points or make any other arrangement it decides is fair, which may be to impose no penalty.

(e) If the PC penalizes a boat in accordance with rule UF5.7 or if a standard penalty is applied, all other boats will be informed about the change in the penalized boat score.

UF5.9. The RC will not protest a boat.

UF5.10. The PC may protest a boat under rule 60.3. However, it will not protest a boat for breaking rule UF3.6 or rule 28, a rule listed in rule UF3.3 (a), or rule 14 unless there is damage or injury.

UF5.11.

UF5.12. Rule 66.2 is changed to 'A party to the hearing under this appendix may not request a reopening.'